

All Inclusive Health Screen Components

- Health Risk Assessment
- Clinical Height and Weight
- Body Composition (Body Fat % and BMI)
- Blood Pressure and Heart Rate
- Lipid Profile (Cholesterol and Triglycerides)
- Blood Sugar (A1C if needed)
- Nicotine Screen (optional)
- Wellness Interest Survey
- Face to Face Review of Results
- Individualized Health Risk Analysis Report

Exclusive to Logansport Memorial Workplace Wellness:

- IMMEDIATE face to face review of results with a Certified Health Coach
- Health Coach Specializations (Nurses, Dietician, Mental Health Therapist, Respiratory Therapist, Cardiopulmonary Function Technologist, Exercise Physiologist)
- Customized health goal setting with relevant information
- Educational materials, brochures, and handouts
- Individualized Health Risk Analysis Report provided to each participant with his/her health screen results
- Compare and track data across numerous years



**Long Term
Wellness
Through Sound
Plan Design**

Building on 80 years of service, we've developed programs that incorporate healthcare best practices. The result is a healthier workforce that's more productive and requires fewer acute care services.

Logansport Memorial Hospital - The Best Choice

Please call 574.725.2012 to talk to our Wellness Consultant.