# Annual Report 2020

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# CEO MESSAGE

I think it's safe to say that the year 2020 did not go as anyone had planned. How do you plan for a global pandemic and the ways that it affected so many areas of our lives -- work, family activities, leisure activities (like going out to eat), annual events, holidays, and most importantly for us, health and well-being?

We can't talk about 2020 without making significant references to COVID-19 and the way it consumed us for much of the year. But fortunately for us here at Logansport Memorial Hospital, we have a lot of exciting moments and milestones that we also want to reflect on from the past year. The following pages of this report will help us do both of those things.

I've shared with our staff many times now that before COVID-19 hit, we were on a path of tremendous growth. It was the result of careful planning and a lot of hard work from everyone across the hospital -- facilities were expanding and/or renovating, new physicians were coming on board to add to an existing service line (Orthopedics) or bring back a much-needed one (Pulmonology), and we were poised to execute one of the largest infrastructure improvements in our hospital's history with the launch of our new electronic medical record.



**PERRY GAY** President and CEO

Because of our staff's continued commitment to providing the best care we can offer to our patients and communities, many of these projects were still completed successfully. In fact, we experienced one of the most successful years of physician and provider recruitment for our hospital, with 14 new providers across various specialties signing on to serve you and your family. I am so proud of the way that our entire team was flexible and focused enough to tackle the challenges of responding to COVID-19 while also managing what was still needed to move forward on these hospital projects. It was incredible to see their commitment come to life in the face of such an unprecedented health event.

The same commitment is what shines through in our determination to remain a strong, independent community hospital. Because of our size and our independence, we were able to adapt and change the way we delivered care when it was necessary to scale back and refocus. Stopping elective surgeries was something I've never experienced before, but we knew we needed to do that in order to preserve our PPE and staffing resources when our community needed us most.

To be transparent, COVID took a financial toll on our hospital in much the same way that it did for many other local businesses in our region, and throughout the state and country. Thanks to our good stewardship from 2019's success, and our ability to scale back and press pause where we needed to, Logansport Memorial Hospital is still standing strong and moving forward with our exciting plans to "Build Better Health" for those we serve in Cass County and across north central Indiana.

So as you read through this annual report, please take note of how much we had to celebrate and consider how much we also have to look forward to in the coming year. The growth we started has not stopped, and we invite you to keep watching as we bring more of what we have to offer to your attention. As always, the healthcare needs of you and your family will be our top priority and we will strive to fulfill our vision of meeting and exceeding them.

# 2020 AT-A-GLANCE

1,510 Admissions

**3,184** Surgeries + Scopes

**88,333** Outpatient Registrations

**15,572** Emergency Room Visits **478** Babies Born

**121,113** Physician Office Visits

715 Employees

**157** Days Cash on Hand

## **Statistics**

**958** Jobs Generated in Cass Co.

**\$47,387,627** Personal Income Generated

**\$102,275,656** Total Value Economic Impact



Roll with it!

# **CERNER EHR LAUNCH**

Logansport Memorial Hospital launched a new electronic health record (EHR) that replaced several EHR systems within the hospital that were not well-connected previously. With this update, patients now enjoy a more seamless experience as their providers use a single source for their comprehensive health record that can be accessed across multiple points of care.

"Launching our new electronic health record has been one of the most transformative capital investments we have made in our hospital," comments Perry Gay. "But healthcare as an industry is constantly evolving and leadership across the hospital saw immense value in moving to a single EHR for our organization."

Cerner's launch date was delayed due to COVID-19, which was the perfect opportunity to have some fun with it. The "roll with it" icon was used on employee gift bags to appreciate their patience and make light of the toilet paper shortage experienced nationwide.

# WELCOME NEW PROVIDERS

# **Family Medicine**







# **Pediatrics**



# **OB/GYN**



# **Occupational Health**



### LMPN Family Medicine 1201 Michigan Avenue, Suite 270

We were pleased to welcome Viktor Hinov (MD), Jennifer Sylvester (MD), Stephanie Dill (NP), and Meg Murray (LCSW) to our team of providers in LMPN Family Medicine. Dr. Hinov practices full-spectrum family medicine with a passion for elderly care, addiction treatment, and weight loss strategies. Dr. Sylvester has certifications in botox treatments for migraine solutions and dermal filler, and has a special interest in joint injections for osteoarthritis. Stephanie Dill sees and treats patients of all ages, and focuses on providing personalized care to each patient. Meg Murray is a licensed social worker assisting with our Medication-Assisted-Treatment (MAT) Program that helps those with opioid addiction recover their lives.

Call (574) 722-4921 to make an appointment with one of our providers.

# **LMPN Pediatrics**

### 1201 Michigan Avenue, Suite 330

We were pleased to welcome Zhengyi Wang (MD) and Nishat Ally (MD) to our team of providers in LMPN Pediatrics. Dr. Wang has special training in pediatric cardiology and a clinical interest in treating ADHD in children. Dr. Ally manages and treats acute and chronic conditions in children, such as ADD, ADHD, depression, and anxiety.

Call (574) 753-4151 to make an appointment with Dr. Wang or Dr. Ally.

### **LMPN Women's Health Center** 1025 Michigan Avenue, Suite 115

We were pleased to welcome Bridget Kennedy (MD) and Rachel Emery (NP) to our team of providers in the LMPN Women's Health Center. Dr. Kennedy is a general obstetrician and gynecologist with a clinical interest in urinary incontinence and sexual dysfunction. Originally from Express Medical Center, Rachel Emery now cares for patients during and after pregnancy, and sees patients at their first "OB Talk" appointments.

Call (574) 722-3566 to make an appointment at the WHC.

### **Workforce Occupational Health Clinic** 1101 Michigan Avenue

We were pleased to welcome Niki Price (FNP-C) to Logansport Memorial's Workforce Occupational Health Clinic. Niki serves clients and companies who utilize our Occupational Health Clinic known as Healthy Companies. If you have a work-related illness or injury and your business or employer is partnered with Logansport Memorial's Occupational Health Clinic, you can expect to see Niki for diagnosis and treatment.

### **LMPN Orthopedics** 1101 Michigan Avenue, Orthopedics Suite

We were pleased to welcome Jason Ummel (DO), Jamie Ross (NP), and Courtney Schroeder (PA) to our team of providers in LMPN Orthopedics. Dr. Ummel has a special clinical interest in trauma and fracture care, sports medicine, and adult joint replacement -- specifically offering the minimally-invasive, anterior approach for hips. Jamie and Courtney will be assisting in orthopedic surgeries and managing post-operative care plans in coordination with the orthopedic providers. Jamie, who started as a provider in LMPN Family Medicine, also sees and treats patients in the Foot and Ankle Center with Dr. Lebrija.

Call (574) 722-2663 to make an appointment with Orthopedics.

# **LMPN Pulmonology** 1201 Michigan Avenue, Suite 380

We were pleased to welcome Abhishek Vedavalli (MD, MPH) and his much-needed pulmonary care. Dr. Vedavalli specializes in diseases of the lung, including chronic obstructive pulmonary disease (COPD), emphysema, and asthma. His special clinical interests include lung cancer screenings, pulmonary hypertension, and critical care medicine.

Call (574) 753-5640 to make an appointment with Dr. Vedavalli.

### **Logansport Memorial Wound Care Center** 1201 Michigan Avenue, Suite 90

We were pleased to welcome Jennay Jones (NP) to our Logansport Memorial Wound Care Center team. Jennay works with our multi-disciplinary team of providers to assist and treat patients for ongoing care and follow-up. She enjoys the complexity that comes with healing a wound properly, and works with her patients to create a personalized treatment plan.

Call (574) 753-1331 to make a Wound Care Center appointment.

## **LMPN Urology** 1025 Michigan Avenue, Suite 215

We were pleased to welcome Monica Davis (NP) to our team of providers in the LMPN Surgical Services Suite. She joined Dr. Stephen Beck to see and treat patients with urologic conditions. Her clinical background in tri-specialty nursing and experience in Urology has equipped her to provide follow-up and post-operative care.

Call (574) 753-2222 to make an appointment with Dr. Beck and Monica.

# Orthopedics







# Pulmonology



# Wound Care



# Urology



# **MOVES AND CHANGES**

## **New Providers**



### **Rochester Health Center** 2671 Fort Wayne Road | Rochester, IN

We were pleased to welcome Julius Sitjar (MD) and Kelsey House (NP) to our team of providers serving the patients of Rochester and Fulton County. Dr. Sitjar has been practicing internal medicine in Rochester for over 33 years. Kelsey joined Dr. Sitjar from LMPN Family Medicine. Together, they see and treat patients with chronic and complex illnesses, and ongoing conditions including heart disease, hypertension, diabetes, obesity, and chronic lung disease.

Call **(574) 223-4141** to make an appointment at the Rochester Health Center.

Moving to this new location was a unique opportunity for Logansport Memorial Hospital. Although we were previously in a prominent location in downtown Rochester, Dr. Sitjar's practice and building were already established and familiar with the local patients he served. To maintain their comfort and convenience as we served them in a new way, it was important to us to meet them where they are by keeping this well-known location.

The new Rochester Health Center building offers additional opportunities for service line expansion in the future. The lobby, exam rooms, and office areas are spacious and handicap accessible. A larger parking lot provides a safe area for patients to enter and exit the building, rather than from street parking on a busy main road. With the addition of Rochester native Kelsey (Frounfelter) House, whose specialty is Family Medicine, we can now meet the primary care needs of more adults and families with children.

As we look ahead to what new services we can provide to best meet the needs of Rochester and Fulton County, patients and residents can be certain that they will experience the same exceptional level of care from any of our specialties, no matter the location. We look forward to serving new and established Rochester patients for years to come.



# CONTINUED...

### **LMPN Foot and Ankle Center** 1201 Michigan Avenue, Suite 140

#### Foot and Ankle Care -- in a new location at Logansport Memorial Hospital.

Dr. Lebrija now sees and treats patients in his new office, located on the first floor of Medical Office Building West, Suite 140.

Here, Dr. Lebrija and his team offer comprehensive treatment for foot and ankle issues, including heel and arch pain, flat feet, bunions and more -- even offering total ankle replacements with a board-certification in Rearfoot Reconstruction and Ankle Surgery. Jamie assists Dr. Lebrija in pre and post-operative care, fractures, and nail care.

To make an appointment with Dr. Lebrija in the LMPN Foot and Ankle Center, call **(574) 753-FEET (3338)**.

# **Our Providers**





# SAFE SPORTS AWARD

The Sports Medicine program at Logansport Memorial Hospital began in 2018, and has grown since its inception to include five partner schools across Cass and Miami counties -- Logansport, Pioneer, Caston, Peru, and North Miami.

During the 2020 school year, the five schools who are part of our Sports Medicine program earned further recognition from the National Athletic Trainers' Association (NATA) when they received designation as a Safe Sports School. The Safe Sports School Award champions safety and recognizes secondary schools that have met the recommended standards outlined by NATA to improve safety in sports. The award also reinforces the importance of providing the best level of care, injury prevention, and treatment for student athletes.

In order to achieve Safe Sports School status, our five partner schools have all done the following and more in their athletic programs:

- Provided and coordinated pre-participation physical exams
- Promoted safe and appropriate practice and competition facilities
- Planned for selection, fit function, and proper maintenance of athletic equipment
- Developed injury or illness prevention strategies
- Provided or facilitated injury intervention

"It has been shown that schools with athletic trainers have lower rates of recurrent injuries among their student athletes. We're proud to be part of making that happen for the kids and families who count on us, and for the communities we serve as a trusted healthcare provider."

**Dr. E. Alex Lebrija** Sports Medicine Medical Director

# COVID-19

# A MESSAGE FROM CEO PERRY GAY

As we navigated COVID-19 in our community, I look back with tremendous pride and gratitude for the way we worked together and responded to unprecedented health needs. From our physician leaders to staff members at all levels going above and beyond, we stepped up to the frontlines of this global pandemic and did our very best to help those we serve Build Better Health after fighting COVID-19. The willingness of our staff to be flexible and do what was needed to help our patients recover and return to health is the real story worth telling in these next few pages.

At the start of it all, we closed down much of the hospital and restricted visitation to begin keeping our staff and patients safe. As we were faced with treating a disease that we didn't know that much about, our supplies of personal protective equipment (PPE) ran extremely low, and we asked the community for help by donating sewn face masks. These protected many of our patients and staff in non-clinical areas, so that we could maximize our limited PPE resources in the patient care areas that needed them most. The generousity of these donations, in addition to food and other items for our hardworking staff, was an outpouring of support that is heartwarming and inspiring to remember.





In response to an initial outbreak that landed us in national news for our positivity rate, we worked with the Cass County Health Department to set up a community-based respiratory clinic to streamline testing and treatment at the Cass County 4-H Fairgrounds. We knew that we needed to serve more people than what could be accommodated in an office space, and this collaborative approach led to earlier testing, diagnosis, and ultimately helped save lives.

So after everything that happened and everything that we did in response to COVID-19, we emerged *from the frontlines* with resilience to continue navigating a "new normal." We believe that our community's collaborative and coordinated response to the seriousness of this pandemic is what has given us these highlights to share here.

As a community hospital proudly serving our patients who are our families, friends, and neighbors, we will continue to care for you, with safety and quality as our top priorities through COVID-19 and beyond.

# FROM THE FRONTLINES

# HEROES WORK HERE

Our healthcare heroes went above and beyond, working in different ways or in different roles, leaving their families at home to put others first. Whether they were on the frontlines of patient care, or behind the scenes supporting each other, each and every one of our heroes was an essential part of our team as we responded to COVID-19 together. The commitment and sacrifice from our staff did not go unnoticed, and was truly inspiring to witness. During the challenging and unprecedented times of COVID-19, we can't thank our team enough.



There was no shortage of support, both internally and externally, during the toughest times of COVID-19. To celebrate our staff, Human Resources ordered a "Heroes Work Here" sign, and employees from various departments gathered around it for pictures. When there was restricted access to the hospital, requiring all staff to check in at one door, sidewalk chalk sayings were drawn to inspire and motivate us. And if you found yourself walking through the sky bridge, you would be surrounded by the hearts of those who cared.









# COVID-19

# **COMMUNITY DONATIONS**

Without a doubt, the community was our biggest supporter during COVID-19. From businesses donating lunch and materials to the community making face masks for our staff, we owe a large part of our success in handling COVID-19 to them.

### The meals that made a difference

Over **100** local businesses, churches, and community organizations donated meals or food to our respiratory clinic at the 4-H Fairgrounds and frontline departments here in the hospital. Our staff was treated to meals that were conveniently delivered to them, so that they could focus on treating our patients.





### Donated masks, supplies, and PPE

During the COVID-19 outbreak, supplies of personal protective equipment (PPE) were running low for hospitals across the state and country. Logansport Memorial was fortunate to receive donations of sewn face masks and surgical masks, among other PPE items. A local factory also donated plastic face shields and custom adapters for our PAPR machines. These items were designed and built specifically to work with existing PPE that we were already using. It ensured that no matter what machine or hood staff were using, they would always be protected. We also received donated equipment -- air handlers and HEPA filters -- to be used throughout our facility to provide clean and safe air for our patients and staff.

The donations we received from the community kept us strong and kept us going during the COVID-19 pandemic. As a community hospital, we certainly felt that "community" support.



# FROM THE FRONTLINES

# ADAPTING TO MEET THE NEEDS OF THE COMMUNITY

Due to the high demand of testing and respiratory care, Logansport Memorial Hospital and the Cass County Health Department took additional steps to relocate and expand services by opening a dedicated, walk-in respiratory clinic in the Community Building at the Cass County 4-H Fairgrounds. The clinic opened its doors on Saturday, March 28, 2020.

### Developing a COVID-19 unit, and caring for patients across the hospital

As hospital admissions from COVID-19 began to increase, we knew we needed to have dedicated space for these patients to be treated effectively. Because COVID-19 is an airborne respiratory disease, special rooms called "Airborne Infection Isolation Rooms" (AIIR) need to be used or created to help provide a healthier breathing space for these patients. Logansport Memorial had a unit on the Medical/Surgical floor with AIIR rooms, but it was being used by the Family Birth Center staff temporarily while their unit was under renovation. Our Plant Engineering Team worked quickly to relocate our Family Birth Center staff and patients back to a section of their renovated space so that this unit could be used for COVID-19 patients.

In other areas throughout the hospital, such as the physician offices and the Emergency Department, large HEPA filter machines often found on construction sites were purchased to provide the same high-quality air filtration needed for those patients.

### Administering Remdesivir to our COVID-19 patients

On May 1, the United States Food and Drug Administration approved emergency use of the experimental drug Remdesivir for the treatment of COVID-19, after early data from ongoing clinical trials showed promising results in helping severely ill patients recover from the virus. Logansport Memorial Hospital received notification from the federal government that we were chosen as a site to receive Remdesivir, for immediate use and as appropriate treatment for COVID-19 patients in our facility.

### LMH earns Clean Facility Certification

Logansport Memorial Hospital earned a Clean Facility Certificate from the Association for the Health Care Environment (AHE). AHE released the "Pathways to Clean" certificate program as a resource for members and the environmental services community at large in response to COVID-19. Completing the certification includes training and education related to COVID-19, infection prevention strategies, cleaning, disinfection, sanitation, emerging pathogens, and preparedness for biological events.



# THE FAMILY BIRTH CENTER IS NOW OPEN

### **Introducing our Family Birth Center**

Near the end of 2020, renovations to the Family Birth Center were finalized to reveal a state-of-the-art space with upgraded amenities and modernized technology. The Family Birth Center will continue to be enjoyed by the nearly 500 families that we serve each year during the birth of a new baby. The newly-renovated area includes all-in-one birthing suites (known as LDRPs -- labor, delivery, recovery, postpartum) that are private rooms. There are 8 suites on the unit. Moving to this model of care, where mom, baby, and birth partner stay together in the same room throughout their entire stay, is how Logansport Memorial "delivers" a family-centered approach to each birthing experience. The entire unit was designed with the assistance and input of Logansport Memorial OB/GYNs, pediatricians, and Family Birth Center staff.

> "The completion of this multi-phase project is so important, especially in the challenging time of COVID-19. Healthy families make healthy communities, and we want to give those families the best possible start. Offering this modernized, state-of-the-art space for them is something I'm excited, honored, and very proud to be part of here at LMH."











# AND WE'RE HERE TO DELIVER

### Family-centered model of care

For the region's most beautiful birth experience, Logansport Memorial Hospital's Family Birth Center is here to deliver. Every pregnancy is unique, and no matter what your needs -- we make sure that our moms and babies get the healthiest, happiest start possible. Our top priority is health and comfort, and we take pride in providing the absolute best care to our families as soon as they walk in our doors.

Perry Gay shares, "We have seen that there are many benefits to this family-centered model of care that have been proven to show improved clinical outcomes for both the mother and the newborn. Working with our team of physicians, providers, and staff ensured that we were able to plan for and incorporate those evidence-based concepts in patient care -- like rooming in and skin-to-skin bonding. I am more confident than ever in our ability to not only provide the highest quality healthcare for our OB patients and their newborns, but to also 'wow' them with compassion, comfort, and convenience as they stay with us."

### Accessing the unit

You can conveniently access our Family Birth Center by entering the Main Entrance of the Hospital and taking the Main Elevators up to the second floor. From there, you will step out into our family-centered waiting room. Turn left and walk down the hallway. Here you will see our "Wall of Stars" which recognizes and thanks the donors who made this renovation possible. At the end of the hallway, you will see the double doors to enter the unit. For the safety of our moms and babies, and as a part of our technology upgrade, the Family Birth Center is a locked unit, with a call button that will ring directly to the nurses station. Visitors will have to push the button to request and receive acccess.



### Our team of nurses and providers

Throughout their stay with us, patients will receive expert, personalized attention from our experienced team of nurses and providers. Our nurses and lactation consultants are on-hand to assist in breastfeeding and care -- so that mom and baby can both get off to a good start. Our OB/GYNs will evaluate patients daily, and one of our pediatricians will evaluate baby during the stay. Once our moms and babies leave our unit, our nurses make discharge follow-up calls to ensure that they're settling in comfortably and confidently with their new little one. We are proud to Build Better Health for the patients and families we are privileged to serve.



# LMH FOUNDATION

### **OB Campaign Update**

The fourth installment of \$150,000 from the Logansport Memorial Hospital Foundation's Capital Campaign \$1.286 million pledge was distributed in December 2020.

### Virtual River Bluff Run

2020 was a year of adapting and learning how to host our annual events in new innovative ways, including our River Bluff Run and Fun Walk. The Foundation Board decided to host the event virtually from October 3 to October 9, to ensure that we followed COVID-19 safety recommendations while still raising money and awareness for Breast Cancer.

Even though we could not be together in person, our community stepped up and supported our cause, completing their 5K throughout the week and helping us raise over \$2,000 for our cause. This will provide screening mammograms for uninsured and under-insured women over 40, right here in Cass County.

### Trails

LMHF's River Bluff Trail served as the ultimate escape from reality in 2020. With gyms closed, our trail offered an outdoor and socially distant opportunity for individuals looking to exercise. The 2.7-mile trail is perfect for all skill levels and is used primarily for walking, running, and biking.

In 2020, the Logansport Memorial Hospital Foundation invested over \$20,000 into improving our trail and to ensure our community had the best experience possible. Research has shown that walking outdoors improves your nervous system and helps to reduce tension and depression -- two things that really affected people during the pandemic.

By getting out and using the River Bluff Trail this year, people in our community made a significant positive impact on their physical, mental, and emotional well-being. It will continue to be an annual priority for LMHF to invest in maintaining the River Bluff Trail as a community resource for health and wellness.

### Equipment

The Foundation was called upon to assist in purchasing multiple pieces of equipment that directly benefitted the patients and staff. Purchases totaled over \$20,000 and were requested by various departments, from Nutritional Services to the Cancer Care Center.

### **Family Birth Center**



### **River Bluff Run**





Trails



# **COMMUNITY BENEFIT**

As a not-for-profit organization, Logansport Memorial Hospital reports on various activities defined as "community benefit" every year. Part of our responsibility as a community hospital is to promote health and wellness in our community, and increase access to our care for those in need. When we report our annual "community benefit," it tells the story of how we've been doing a variety of things throughout the year, to invest in and respond to community health needs that directly impact the quality of life for those that we serve.

Year after year, Logansport Memorial Hospital is proud to show how millions of dollars were spent directly for the benefit of our patients. Things like clinicals for nursing students, internships for medical students, high school student scholarships, Community Pharmacy's home delivery and Drug Take-Back Box for safe prescription drug disposal are just a few of the things included in these numbers below.

Financial and In-Kind Contributions	\$953,334.91
Community Health Improvement	\$678,677.87
<b>Community-Building Activities</b>	\$106,179.89
<b>Health Professions Education</b>	\$442,565.97
Charity Care	\$773,600.48
Bad Debt Expense	\$4,574,624.36
Unreimbursed Cost of Medicare	\$21,029,303.15
Medicaid Shortfall	\$6,395,463.97

**Total Community Benefit** 

\$34,962,750.60

# **Community Need: Medication Assisted Treatment**

In addition to annual Community Benefit activities, LMH is also actively involved in finding new ways to respond to community needs that are identified in our Community Health Needs Assessment (CHNA). The CHNA is completed once every three years. Based on our most recent assessment from 2019, we knew that we needed to establish a treatment option and pathway to care for those in our community with substance use disorders. Earlier this year, LMH began offering a Medication Assisted Treatment (MAT) Program in our Family Medicine office to address this specific community health need.

The MAT Program uses a combination of psychosocial therapy and approved medication, under the monitoring and guidance of medical providers, to help patients build a network for long-term sobriety and recovery. Patients are given the support they need as they learn a variety of skills and techniques that will help them be successful. The MAT Program is a collaborative effort between LMH and Four County Counseling Center.

Patients can self-refer to the program, or family members can reach out to ask about getting a loved one started. Call (574) 725-3468 for questions or assistance.

At Logansport Memorial Hospital, we're bringing our best to you because we want what's best for you. That's why we are always expanding our award-winning care, Building Better Health through conveniently located clinics and an ever-evolving lineup of services and providers. As we continue to grow and become your regional healthcare destination, one thing we'll never outgrow is the way we care for our patients.





1101 Michigan Avenue, Logansport | (574) 753-7541 | LogansportMemorial.org