

CHNA Report Card

Based on the health needs priorities identified in the executive summary and implementation plan of the 2019 Community Health Needs Assessment (CHNA), this report card demonstrates measurable progress made through programs and service offerings that have since been established or pursued.

COVID-19 Pandemic

The unforeseen, unprecedented COVID-19 pandemic hit during the window between completing these Community Needs Assessments. Much of the work that would have been done in collaboration with other organizations and community partners was not possible because of the social distancing and public gathering restrictions in place.

Virtual collaboration was a priority, however, and one of the most significant achievements for the Cass County community were the Community Conference calls that began in response to COVID-19. These calls convened community leaders and organizations together by phone and virtual conference to share updates on how everyone was working to address needs created or exacerbated by COVID-19. The Community Conference calls were so successful that they continue today, convening community members every two months for new updates. Logansport Memorial Hospital also looks forward to resuming more normal, community-based work on identified community health needs as the world emerges safely from this pandemic.

Priority #1 –Mental Health

Objective: To promote mental, emotional, and behavioral well-being.

Strategy Goals + Implementation Strategies (by 2022):

Increase the number of PHQ-9 depression screenings.

Increase depression management education to Cass County residents.

- Updates here

Increase depression screenings.

- Screenings implemented in Women’s Health and Pediatrics offices. # of screenings completed since [time frame/date here].

Develop and distribute a referral guide and materials for local assistance with chronic depression and mental health.

- A resource guide was compiled as part of the Systems of Care taskforce to help individuals, families and community organizations know what was available for help with substance abuse.
- Creating a guide specifically for chronic depression and mental health may be duplicative of that, but opportunity exists to determine where resources overlap to assist in both areas – chronic depression and substance abuse.
- Chris Armstrong – updates here

Develop a nurturing, resilient and trauma-informed community by providing ACES (Adverse Childhood Experiences) training to educators and school systems, parents and caregivers, healthcare providers, foster parents, legal and law enforcement professionals, social service providers, and the faith community.

- A training was held in June 2022. It was delayed due to COVID recommendations against large, public gatherings.

Priority #1 –Mental Health

Objective: To promote mental, emotional, and behavioral well-being.

Strategy Goals + Implementation Strategies (by 2022):

Improve the number of adults who characterize most days as no more than “moderately stressful.”

Conduct community-wide awareness campaigns or events aimed at reducing stress and reducing stigma.

- Updates here

Explore ways to address the immigrant population who live with the possibility of deportation.

- Zach Szmara – updates here

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- Chris Armstrong – updates here

Create and distribute educational materials to the general population, as well as targeted groups such as First Responders, postpartum mothers, etc.

- The first annual “Climb Out of Darkness” event was held in May 2022 to promote local resources and organizations that can help postpartum mothers battling symptoms of postpartum depression.

**Additional Achievement(s):

- The Systems of Care taskforce is still meeting periodically in the community. This taskforce’s primary objective is to [mission statement/vision statement/explanation here].

Priority #1 –Mental Health

Objective: To promote mental, emotional, and behavioral well-being.

Strategy Goals + Implementation Strategies (by 2022):

Decrease suicide deaths in Cass County.

Partner with mental health organizations to improve identification and treatment of mental health issues that may lead to suicide.

- The Suicide Prevention Taskforce was created.

Support QPR Training (Question, Persuade, and Refer).

- Updates here

Support ACES Training (Adverse Childhood Experiences).

- Updates here

Identify ways to partner with the Suicide Taskforce on new initiatives such as Loss Training, and implement post-vention activities to reduce risk and promote healing after suicide.

- Updates here

Priority #2 – Substance Abuse

Objective: To reduce the incidence of illicit drug use.

Strategy Goals + Implementation Strategies (by 2022):

Decrease illicit drug use.

Implement Life Skills Training (LST) curriculum in all county schools.

- Updates here

Develop a nurturing, resilient and trauma-informed community by providing ACES (Adverse Childhood Experiences) training to educators and school systems, parents and caregivers, healthcare providers, legal and law enforcement professionals, social service providers, and the faith community.

- A training was held in June 2022. It was delayed due to COVID recommendations against large, public gatherings.

Support community Naloxone (NARCAN) training.

- Clinical staff members from Logansport Memorial Hospital and the Cass County Health Department participated in a joint training session on [date here].

Incorporate screening, brief intervention, and referral treatment (SBIRT) training into primary care settings.

- Updates here

Reduce written prescriptions of opioids.

- Rachel Theodore – changes from the American Medical Association

Support Medication Assisted Treatment (MAT) for substance use.

- Logansport Memorial Hospital implemented the Medication Assisted Treatment program in early 2020, right before the COVID-19 pandemic. The program includes medication, counseling, and support from family and friends to help individuals enrolled in the program regain a healthy, productive life.

**Additional Achievement(s):

- The Logansport Memorial Hospital Foundation held its first annual Drug Take Back Day in April of 2021. The event was so successful that it has become an annual event observed and appreciated by the community at large to safely remove and dispose of unused or unnecessary drugs from the home.
- The Substance Abuse taskforce was created.
- The Youth Services Alliance received a Drug-Free Communities grant in 2021. [More explanation here]

Priority #2 – Substance Abuse

Objective: To reduce the incidence of illicit drug use.

Strategy Goals + Implementation Strategies (by 2022):

Increase the number of people who are able to obtain professional help for substance use.

Increase health insurance navigation.

- Four County established a team of navigators that were placed [where] to assist individuals in signing up for affordable coverage options.

Support recovery housing options.

- Two new facilities were opened and are in use by the community – The Father’s House, and 4th Dimension Recovery House.

Research expansion of Quick Response Team (QRT) community paramedicine programs.

- The Four County Mobile Crisis Team was implemented and is being utilized by community partners and agencies when needed.

Increase the number of peer recovery coaches that provide services in the community.

- Four County hired two peer recovery coaches who primarily focus their efforts on serving the jail population at this time.

Increase treatment options for pregnant women with substance use disorders.

- Dr. Timothy Hall from the Logansport Memorial Women’s Health Center is a certified Medication Assisted Treatment (MAT) provider, to help pregnant women battling substance use disorders when they need prenatal care.

Promote 211 Open Beds Program.

- Updates here

Priority #2 – Substance Abuse

Objective: To reduce the incidence of illicit drug use.

Strategy Goals + Implementation Strategies (by 2022):

Decrease substance use.

Support community Naloxone (NARCAN) training.

- Clinical staff members from Logansport Memorial Hospital and the Cass County Health Department participated in a joint training session on [date here].

Promote sober events and activities.

- The 4th Dimension Recovery House offered [events here – what did they do?].

Develop and promote a de-stigmatization awareness campaign.

- Updates here

Create positive social hubs for youth.

- Updates here

Create a youth peer mentoring program.

- Updates here

Facilitate a youth advisory committee.

- The Youth Services Alliance added youth to its Drug-Free Communities taskforce, to gain insight and perspective that would help their efforts be relevant for this target population.

Priority #3 – Nutrition, Physical Activity, and Weight

Objective: To empower and engage participants in living healthy lifestyles, using education to demonstrate how those choices and behaviors lead to an improved quality of life.

Strategy Goals + Implementation Strategies (by 2022):

Increase the health literacy of Cass County.

Develop an initiative to promote healthy food donations to food pantries and create a guide for distribution.

- Grants were received during the COVID-19 pandemic to help supplement food insecurity for the community at-large. The United Way of Cass County and Food Finders organizations distributed funding and food through the Emmaus Mission Center to continue providing much needed access to healthy food options.

Provide opportunities for families to learn about the nutrition value of fresh produce and to engage in physical activity.

- Updates here

Distribute a list of food resources/pantries with location, hours, and general information.

- Updates here

Develop educational materials and recipe cards related to nutrition and physical activity for distribution in backpacks and at feeding programs.

- Updates here

Create materials in English and Spanish.

- Updates here

Priority #3 – Nutrition, Physical Activity, and Weight

Objective: To empower and engage participants in living healthy lifestyles, using education to demonstrate how those choices and behaviors lead to an improved quality of life.

Strategy Goals + Implementation Strategies (by 2022):

Reduce the obesity rate in Cass County.

Educate the community at events throughout the year about obesity and childhood obesity.

- Updates here

Promote physical activities with sponsorships of items given that promote activity: jump ropes, chalk, balls, Frisbees, trackers.

- Updates here

Develop a campaign and activities to promote the use of the trail system.

- Updates here

Partner with the Cass County Family YMCA and the Logansport Parks Department to promote activities.

- Logansport Memorial Hospital and the Logansport Memorial Hospital Foundation partnered with the Logansport Parks Department to implement a new National Fitness Court and Activity Center at Riverside Park. Activities include a full outdoor gym with seven training zones for bodyweight exercises, as well as new basketball and pickleball courts.

Implement an unclaimed bikes initiative for individuals in need of transportation.

- Updates here
- Scooter program? – doesn't really help improve physical activity though

Promote LMH health and wellness programs, such as the HMR Program, St. Vincent Bariatric program partnership, and Workplace Wellness class offerings and services.

- Marketing through the LMH Marketing Department is ongoing for these various hospital programs and services, helping to make individuals, organizations, and businesses aware of localized options for weight loss and/or wellness.

****Additional Achievement(s):**

- Despite COVID-19, the Logansport Memorial Hospital Foundation still held its annual River Bluff Run for Breast Cancer Awareness, modifying it to an individualized, virtual participation. Activity was still encouraged and celebrated while funds were still raised for a worthy, local cause.