



Pulmonary Rehab Services

what you need to know

Well and good.™



PULMONARY REHAB BENEFITS

Pulmonary rehab is designed to help patients breathe easier, through an individualized, supervised program of education and exercise designed to reduce symptoms and optimize lung function. Group exercise can also help provide motivation and the opportunity to build new friendships.

PULMONARY REHAB SERVICES AVAILABLE

- Pulmonary rehab is available for all age ranges.
- Medicare covered diagnosis — COPD, asthma, chest wall disease, cystic fibrosis, bronchiectasis, pulmonary fibrosis, sarcoidosis, perioperative conditions, i.e. lung transplant, lung volume reduction surgery.
- Phase 2 Rehab — This phase provides monitored exercise and education in risk modification services, i.e. smoking cessation, breathing techniques, medication, weight control and stress management. Acute phase of rehab participation occurs when the patient is referred by their physician. Our medically trained staff supervises and educates patients. This phase is covered by Medicare and most insurance providers.
- Phase 3 Rehab — This maintenance phase of rehab is available to patients completing Phase 2, as well as anyone else who would like to safely get started in an exercise program. Patients participate in exercise supervised by medically trained staff. This phase is not covered by Medicare, but some private insurance providers do cover part of this service. You can choose from three affordable payment options to help cover this cost.
- ISCVPR — Member of Indiana Society of Cardiovascular and Pulmonary Rehabilitation.
- AACVPR — Member of American Association of Cardiovascular and Pulmonary Rehabilitation certified programs.

For more information on Pulmonary Rehab Services at Logansport Memorial Hospital, please call **574.753.1320**.

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