☑ CHNA REPORT CARD

Based on the health needs priorities identified in the executive summary and implementation plan of the 2016 Community Health Needs Assessment (CHNA), this report card demonstrates measurable progress made through programs and service offerings that have since been established or pursued.

Priority #1—Substance Abuse / Tobacco Use / Mental Health

Objective

To facilitate a coordinated and focused approach to identifying the physical, social, and mental health issues that lead to substance (drug and alcohol) abuse and tobacco abuse.

Strategy Goals (by 2019)

Increase access to local resources.

- Resource guide created and developed for businesses and organizations to use in directing individuals to appropriate agencies for treatment and/or support in battling substance use/abuse.
- $\overline{\mathbf{V}}$ Weekly orientation sessions established with Four County personnel for those looking to begin treatment for substance use/abuse.

Expand telemedicine program.

- Implemented a telehealth option at Four County.
- Implemented a telehealth clinic at Landis Elementary.

Open a local detox facility.

Expand early education intervention.

Priority #2—Nutrition, Physical Activity, and Weight

Objective

To empower and engage participants in living healthy lifestyles, using education to demonstrate how those choices and behaviors lead to an improved quality of life.

Strategy Goals (by 2019)

Increase participation resources.

- ☑ School physicals provided to regional schools and student athletes: Logansport, Pioneer, Caston, Peru, and North Miami.
- ☑ Launched new digital marketing campaigns with content offers to educate patients on making healthy lifestyle choices in their specific health circumstances:
 - OB, having a baby/healthy pregnancy
 - Orthopedics, options for living with knee pain
 - Wound Care, what to do for wounds that won't heal
- Implemented a telehealth option at Four County.
- Implemented a telehealth clinic at Landis Elementary.

Educate youth regarding nutrition.

- ☑ YMCA Kids Bootcamp Program with Suzy Wamsley engages kids in healthy activities and in healthy eating habits to burn calories and measure inches lost in healthy weight loss.
- Healthy Kids Day at the YMCA promotes healthy activities and nutrition in a family-oriented event to engage the whole family in healthy living and eating.

Promote family activities.

Sims Connector Trail opened to connect the River Bluff Trail with Huston Park so that families can safely enjoy outdoor activities on both trails.

Improve collaborations between agencies.

Additional

Implemented a Sports Medicine program with certified athletic trainers Achievement: based in regional school corporations

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Priority #3—Access to Care / Chronic Disease Management **Objective** Strategy Goals (by 2019) To use a patient-centered approach in addressing the Educate the community regarding A1C, Lipids, and Blood Pressure. physical, financial, psychological, sociocultural, and ☑ Quarterly health fairs held at Tyson Foods on various health topics, encouraging educational barriers to accessing healthcare and healthy lifestyles with special attention to A1C, Lipids, and Blood Pressure. managing chronic diseases. Organize a Community Walk. Implement a community paramedicine program. ☑ Discussions and planning in progress for full implementation of a paramedicine program. Additional **Opened the Logansport Memorial Cancer Care Center to provide more** Achievement: access and coordination of services for one of the largest community health needs in Cass County.