

## All Inclusive Health Screen Components

- Health Risk Assessment
- Clinical Height and Weight
- Body Composition (Body Fat % and BMI)
- Blood Pressure
- Lipid Profile (LDL, HDL, Total Cholesterol and Triglycerides)
- Blood Sugar (A1C if needed)
- Nicotine Screen (optional)
- Wellness Interest Survey
- Face to Face Review of Results
- Individualized Health Risk Analysis Report

### Exclusive to Logansport Memorial Workplace Wellness:

- IMMEDIATE face to face review of results with a Certified Health Coach
- Health Coach Specializations (Nurses, Dietitian, Respiratory Therapist, Exercise Specialist)
- Customized health goal setting with relevant information
- Educational materials, brochures, and handouts
- Individualized Health Risk Analysis Report provided to each participant with his/her health screen results
- Compare and track data across numerous years



**Long Term  
Wellness  
Through Sound  
Plan Design**

**Building on 80 years of service, we've developed programs that incorporate healthcare best practices. The result is a healthier workforce that's more productive and requires fewer acute care services.**

**Logansport Memorial Hospital - The Best Choice**

**Please call 574.725.2012 to talk to our Wellness Consultant.**