

OPIOID USE DISORDER: THE FACTS

Opioid use disorder is a disease. It cannot be cured, but it can be managed with the right program and tools to help.

EXAMPLES OF OPIOID MEDICATIONS:

- Codeine (an ingredient in some cough syrups and in one Tylenol product)
- Hydrocodone (Vicodin, Lortab, or Lorcet)
- Oxycodone (Percocet, OxyCotin, or Percodan)
- Hydromorphone (Dilaudid)
- Morphine (MSContin, MSIR, Avinza, or Kadian)
- Propoxyphene (Darvocet or Darvon)
- Fentanyl (Duragesic)
- Methadone

WHAT AN OPIOID OVERDOSE MIGHT LOOK LIKE:

- Confusion
- Seeming "drunk"
- Vomiting
- Pinpoint pupils
- Extreme drowsiness
- Unable to wake
- Very slow/irregular breathing or other breathing problems
- Not breathing
- Blue or clammy skin
- Loss of consciousness

If you suspect that you or someone you know is having an overdose, call 911 immediately.

START YOUR JOURNEY TO RECOVERY

The Office-Based Addiction Treatment Program is a comprehensive approach that can help patients achieve recovery from opioid addiction. It does NOT replace one addictive drug with another. It uses a safe, controlled level of medication to overcome the use of a problem opioid.

MAKING DIRECT REFERRALS

Please call the specific nurse line to make a referral:

(574) 725-3485

Please leave a message and the practice nurse will return your call as soon as possible. Please be aware that there may be a delay, but you will receive a return call. Calls received on the nurse line outside of normal business hours will be returned on the next business day.

If you are experiencing an emergency, call 911 immediately or go to the nearest emergency department.

LMPN Family Medicine

Office-Based Addiction Treatment Program

1201 Michigan Avenue, Suite 270
Logansport, IN 46947

LMPN Peru Medical Center

Office-Based Addiction Treatment Program

751 West 2nd Street, Suite 100
Peru, IN 46970

LMPN Women's Health Center

Office-Based Addiction Treatment Program

1025 Michigan Avenue, Suite 115
Logansport, IN 46947



LogansportMemorial.org

Office-Based Addiction Treatment Program For Opioid Addiction

BUILDING BETTER HEALTH



Helping you navigate the Office-Based Addiction Treatment Program

WHAT IS THE OFFICE-BASED ADDICTION TREATMENT PROGRAM?

The Office-Based Addiction Treatment (OBAT) Program is one way to help those with opioid addiction recover their lives. There are three equally-important parts to this form of treatment that Logansport Memorial Hospital's program uses and follows:

- Medication
- Counseling
- Support from family and friends

Opioid addiction is a chronic disease like heart disease or diabetes. It is a chronic brain disease that can last for a person's entire life. By managing the addiction, a person can regain a healthy, productive life.

OFFICE-BASED ADDICTION TREATMENT SAVES LIVES

Most people cannot just walk away from addiction. They need help. Help is here, with Logansport Memorial's Office-Based Addiction Treatment (OBAT) Program. It is the most effective intervention to treat opioid use disorder—increasing the chances that a person will remain in treatment as they learn coping skills and build a network of support for long-term recovery.

MEDICATION

Some of the most common medications used in the OBAT Program:

Buprenorphine

Prescribed by certified medical providers, this medication tricks the brain into thinking it is still getting the problem opioid. This medication is given when a patient is experiencing withdrawal symptoms.

Methadone

Dispensed only at specially licensed treatment centers.

Naltrexone

This medication blocks the effect of opioid drugs and takes away the feeling of getting high if the problem drug is used again. It's a good choice to use in preventing relapse.

COUNSELING

Counseling is an important part of the OBAT Program, and can provide encouragement and motivation to stick with the program. It will teach coping skills, ways to prevent relapse, and much more.

OBAT Program counseling should take place with Meg Murray, LCSW, also located in Family Medicine, Suite 270—unless the patient is being seen by a licensed counselor elsewhere. If being seen elsewhere, the patient must be willing to provide Release of Information for that counselor to communicate and confirm that the patient is engaged and making progress in therapy.

SUPPORT

It is very hard to go through this journey to recovery alone. Support from family and friends is very important. Love and encouragement along the way can help a person make the decision to enter treatment and stick with it for long-term recovery.

People can safely take treatment medication and participate in the OBAT Program for as long as needed—for months, a year, or several years. Many people in treatment relapse one or more times before getting better and remaining drug free.

Each relapse is a setback, but it does not mean failure.

People who relapse can continue with treatment and achieve full recovery.

PROVIDERS IN THE PROGRAM

These are the providers who will help you in this recovery journey as part of Logansport Memorial's OBAT Program.



Timothy Hall, MD
Medical Director
Women's Health Center, Suite 115
(574) 722-3566



Viktor Hinov, MD
Family Medicine, Suite 270
(574) 722-4921



Stacie Stutzman, NP
Family Medicine
Peru Medical Center
(765) 919-4378



Margaret (Meg) Murray, LCSW
Counseling
Family Medicine, Suite 270
(574) 722-4921

If you have issues with keeping your appointment or need to reschedule, please call your provider's office directly at the phone number provided.