

Sino-Nasal Outcome Test (SNOT-20)

Score Evaluation

The SNOT score evaluation is to be used as a guide, and is not a physician's diagnosis. Treatment will be determined by Dr. Short at your appointment.

Score	Evaluation	Recommended Next Step
0 to 10	No problem to Mild problem	No actions necessary or symptoms can be treated with OTC medication.
11 to 40	Moderate problem	An appointment with a specialist or your PCP is recommend and/or prescription medicine can be taken to treat symptoms.
41 to 69	Moderate to Severe	An appointment with a specialist or your PCP is recommended and/or prescription medicine can be taken to treat symptoms.
70 to 100	Severe to "As bad as it can be"	An appointment with a specialist is recommended. Treatment is to be determined by a doctor. You may be a possible surgical candidate.

Call to make an appointment with Dr. Short:
(574) 753-2222

LMPN Ear, Nose and Throat

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